

5 goals, 100+ actions

Goals:

1. Elevate the profile, level of leadership and engagement of seniors in the community



Action Group 1:
Community Engagement and Communications
Goal 1, 21 Actions

- Establish collaborative of local Senior Advisory/ Age-Friendly Committees across Niagara
- Raise the profile of older people in Niagara and foster positive attitudes toward older people and aging well

2. Facilitate an active and positive lifestyle for all seniors



Action Group 2:
Recreation, Learning and Leisure
Goal 2, 20 Actions

- Work with Action Group 1 to establish a Niagara-wide working group of local Senior Advisory, Age-Friendly, Accessibility, and Active Transportation Committees
- Raise awareness about existing Age-Friendly recreation, learning and leisure opportunities for older people in Niagara

3. Optimize the health and wellness of seniors



Action Group 3:
Improved Services, Systems and Infrastructure
Goals 3-5, 78 Actions

- Facilitate access to existing information to raise awareness about programs and services available for older people in Niagara
- Gather additional information about areas of focus in the healthcare sector related to older people (e.g. physician and specialist recruitment, palliative care); and explore whether AFNN can play an advocacy role on issues of common concern among network members
- Gather current information about housing and transportation planning in Niagara, to identify what role AFNN could play in advocating for an Age-Friendly lens to be applied going forward

4. Improve access and utilization of services and supports



5. Improve and maintain a supportive infrastructure



Vision: A caring community that optimizes opportunities for overall well being to enhance quality of life as people age.



3rd Age Volunteer Leadership Training

An ad hoc group working to develop a framework for 3rd age volunteer leadership training in Niagara. Partners include:
[INCommunities](#)
[Leadership Niagara](#)
[Niagara Health](#)



Implementing the Niagara Aging Strategy and Action Plan (NASAP) Focused Action Priorities 2018 - 2019



A Community for All Ages

Working Together to Build a Caring Community as People Age



Age-Friendly Niagara Network (AFNN)

→ The **Age-Friendly Niagara Network (AFNN)** includes over 350 people who have an interest in an age-friendly Niagara.

Local Municipal Seniors and Age-Friendly Advisory Committees

→ **Seniors Advisory and Age-Friendly Committees** work at the local municipal level to advocate for the interests of older people and age-friendly principles in their communities.

Niagara Aging Strategy and Action Plan (NASAP) Implementation Action Groups

→ → Three **Action Groups** consist of people working together to advance strategies based on the 5 goals of the Niagara Aging Strategy and Action Plan (NASAP).

AFNN Leadership Council

→ → The **AFNN Leadership Council** includes over 15 volunteers who oversee and plan network-level activities.

AFNN Collaborative

→ → → → **The Collaborative** includes 5 core partners who oversee the management of the 2017-2019 OTF grant to begin implementing the NASAP:

- Age-Friendly Niagara Network
- Community Support Services Niagara
- Niagara Connects
- Quest Community Health Centre
- Welland Senior Citizens' Advisory Committee

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