

Niagara's Empowered Older Adults



Envisioning a Community for All Ages



Of the almost 450,000 people living in the Niagara region of Ontario, about **36% are older adults** (55+ years of age), compared to 30% for all of Canada.

Statistics
Canada, 2016



Older adults are empowered and making a difference in Niagara's progress as a WHO (World Health Organization) Age-Friendly Community (AFC). They are working with all of Niagara's municipalities to create:

- An Age-Friendly network of over 500 members raising awareness and promoting local action on the eight WHO AFC domains
- Municipal Advisory Committees (MACs) providing advice to local municipal councils and advocating on issues relevant to older adults
- A MACs Collaborative which spans the municipalities and provides a strong voice for older adults on identified issues.

As well, the local Niagara chapter of C.A.R.P., with its over 6,000 members, is active in various advocacy efforts to benefit Niagara's older adults.

Action is underway to strengthen Niagara as an Age-Friendly community, in all of Niagara's municipalities:

Fort Erie
Grimsby
Lincoln
Niagara Falls
Niagara-on-the-Lake
Pelham
Port Colborne
Regional Municipality of Niagara
St. Catharines
Thorold
Wainfleet
Welland
West Lincoln

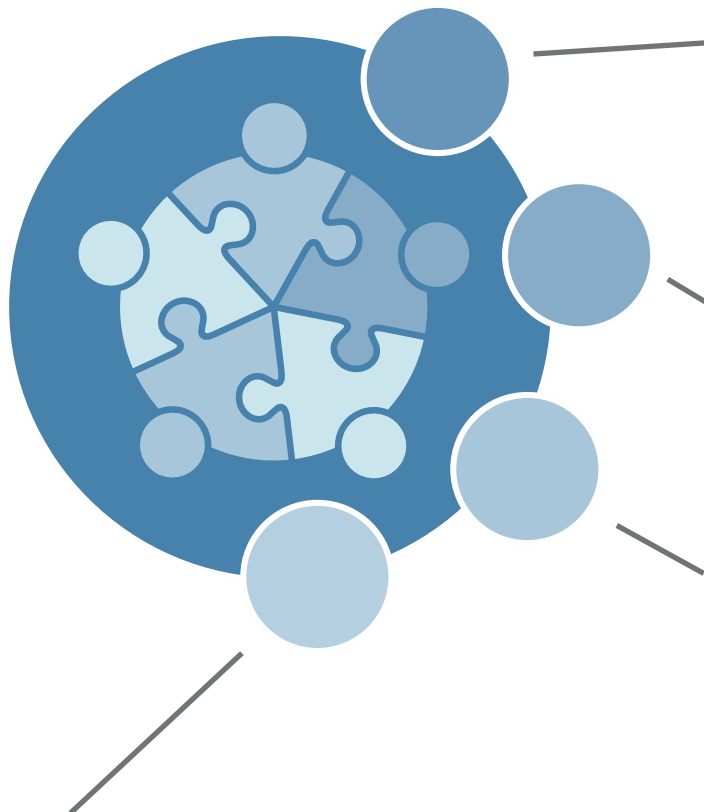
Thank you to our sponsors:



Age-Friendly Niagara Council
www.agefriendlyniagara.com

Age-Friendly Niagara - Levels of Action

Vision: An Age-friendly Niagara -
A community for all ages.



Age-Friendly Niagara Council (AFNC) Board of Directors

Includes 15 volunteers who oversee and plan AFNC activities

Engaged Individuals

Includes a network of more than 500 people with an interest in an age-friendly Niagara

Niagara Aging Strategy and Action Plan (NASAP) Implementation

People working together to advance strategies based on NASAP goals:

1. Community Engagement and Communication
2. Recreation, Learning and Leisure
3. Improved Services, Systems and Infrastructure

Niagara Older Adult Alliance (NOAA)

An alliance representing more than 100 volunteers who serve on local municipal advisory committees across Niagara, to advocate for the interests of older people and age-friendly actions in their communities. The Alliance meets regularly to share information and align planning and action.



World Health Organization (WHO) Eight Domains of Age-Friendly Communities

The AFNC is committed to increasing awareness of the eight domains through partnerships and shared learning, knowledge and planning.

- Outdoor Spaces and Buildings
- Transportation
- Housing
- Social Participation
- Respect and Social Inclusion
- Civic Participation and Employment
- Communication and Information
- Community Health and Support Services



A Community for All Ages

www.agefriendlyniagara.com

